

Family Take-Home Sheet
Unit 3: Inclusive of All
Lesson 3: The New Tribe

Affirmation: I am part of the community of life that includes all people.

Parent Reflection:

There are groups of people we have to associate with because of circumstances [...] But we all make choices about whom we want to spend time with when we are able to choose. We make decisions about whom to invite to a birthday party, or whom to call when we have good news or when times are hard. These are the people we draw on the most for inspiration, comfort, and companionship. Lucy Montgomery, author of Anne of Green Gables, used the lovely phrase “kindred spirits” to describe the people we feel in harmony with. We can also use the term “tribe” in a new expansive way. We know how important it is for children to be in the company of positive role models. The difficult part is helping them learn to choose their tribe based on shared experience and inner understanding, and not on superficial factors the world says are important.

-From A Joyful Path curriculum

In everyone’s life, at some time, our inner fire goes out. It is then burst into flame by an encounter with another human being. We should all be thankful for those people who rekindle the inner spirit.

-Albert Schweitzer

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